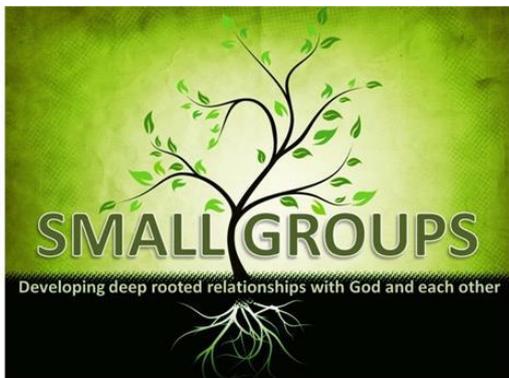


Small Groups at



A variety of groups



As part of our Christian discipleship at St Giles we encourage every member of the church to be part of a small group that meets regularly for prayer, worship and mutual encouragement. Not only is this important to help us grow in the Christian life, it also provides the main place where we can be accountable to one another and receive and give pastoral support in a way that is not possible within the church as a whole.

We recognise that people have different needs and preferences regarding the groups they join and therefore offer two different types of group to cater for this variety - some people may be part of both!

Home Groups

Home groups can have up to a dozen members and meet on a regular basis, normally in a home, or on church premises to study the bible, worship, share and pray for one another. Some groups regularly share meals together.

Most groups have two leaders who are responsible for facilitating discussion and helping give the group direction. Study materials are provided which link with our Sunday teaching programme. Alternatively groups can use a variety of other resources to help them engage with the Bible.

All our groups have their own individual 'flavour'. Some are made up of church members from a particular part of Northampton; others consist of members of a particular age group. Each group decides themselves what social, outreach and extra-curricular activities they want to do.

You will find a list of the current home group venues and leaders on the back of this leaflet. Please note that not all groups have space at present for new members.

If you would like to enquire about joining a group please complete and submit the form on the Small Groups website page.

Prayer Triplets

Prayer triplets consist of two or three people who meet together regularly with the primary purpose of praying for one another. Each triplet is shaped by those in the group. With only two or three people involved it can be as flexible as needed.

The triplet is a place for high levels of accountability, honesty and openness.

Pointers for starting a prayer triplet:

- 🌀 It is important that you are comfortable with others in the group. The more open and honest you can be with them, the greater the accountability will be. These will normally be people with whom you are already friends or have a similar outlook.
- 🌀 Try to find a regular time and venue to meet that works for you all.
- 🌀 Define boundaries early on, levels of accountability and confidentiality, and how often you meet etc.
- 🌀 Ask each other simple but direct questions, for example – What is God saying to you at the moment? How are you acting on that?
- 🌀 Make sure you spend time praying for one another – this is what it is all about.

If you are interested in forming a prayer triplet and would like to be linked up with someone else, please contact Maggie Kelly (Maggie@stgilesnorthampton.org.uk) or complete and submit the form on the Small Groups website page

